Latinx Mental Health Professional Network

A growing network of 1000+ professionals across North Carolina providing behavioral health services and support to the Latinx immigrant community. Connect with other professionals, engage in didactic webinars, be part of a learning cohort, and more!
Our goals
To improve the quality of services for Latinx Immigrants in North Carolina by promoting:

✔ Accessible professional training opportunities and resources.
✔ Use of culturally-responsive Evidence-Based Practices.
✔ A virtual community of practice to decrease isolation and burnout.

Get involved
And receive continuing education credits!

✔ Monthly Webinars on Latinx Mental Health.
✔ Weekly case consultation sessions through our TeleECHO clinic.
✔ Intensive Learning Cohorts on culturally-responsive care.
✔ Other extended trainings throughout the year.

Join us!
We’d love for you to pull a chair up to the table! You can read more about La Mesita and join our network at https://la-mesita.mn.co

If you have any questions, email us at lamesita@elfuturo-nc.org