



El Futuro

La Mesita

join us: la-mesita.mn.co

Latinx Mental Health Professional Network

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A growing network of **1000+** professionals across North Carolina providing behavioral health services and support to the Latinx immigrant community. Connect with other professionals, engage in didactic webinars, be part of a learning cohort, **and more!**

Our goals

To improve the quality of services for Latinx Immigrants in North Carolina
by promoting:

- ✓ Accessible professional training opportunities and resources.
 - ✓ Use of culturally-responsive Evidence-Based Practices.
 - ✓ A virtual community of practice to decrease isolation and burnout.
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Get involved

And receive continuing education credits!

- ✓ Monthly Webinars on Latinx Mental Health.
 - ✓ Weekly case consultation sessions through our TeleECHO clinic.
 - ✓ Intensive Learning Cohorts on culturally-responsive care.
 - ✓ Other extended trainings throughout the year.
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Join us!

We'd love for you to pull a chair up to the table! You can read more
about La Mesita and join our network at <https://la-mesita.mn.co>

If you have any questions, email us at laresita@elfuturo-nc.org