¡BIENVENIDOS!
Welcome to a Beloved Community

El Futuro
2019 IMPACT REPORT
Friends,

When I look back over the last year, my mind is filled with images of so many new children and families we encountered at El Futuro. I see Natalia,* who stopped having nightmares and said, “I wish that everyone like me could come to El Futuro.” I see Emerson, who played soccer with other children beside our new therapeutic green space—the first time I’ve heard him laugh out loud. I see Daniela, who told me she still remembers calling me almost a decade ago in a moment of crisis, and then I reconnected with her again at one of our community fiestas. And I see Vicente, who came to us for substance use treatment and ended up with a paintbrush in hand, contributing to our new community mural. I see these successes, each step forward, and I see the new relationships being formed.

Last year, your support helped us nurture more familias not only through the services we have offered for 15 years, but also in new ways with innovative services and projects, many of which encouraged people to take the next steps to connect with others. We continued to welcome many people into our warm and vibrant space to receive bilingual, culturally-responsive therapy, psychiatry, and case management. What’s more, through group programs, fiestas in our therapeutic garden space, and even through dreaming up and painting a mural together, we all made new community connections and friendships. Our familias moved away from isolation and loneliness and found a place where they truly feel a sense of belonging and acceptance into the “beloved community,” as Dr. Martin Luther King, Jr. described.

Together we are saying ¡Bienvenidos! Welcome to a Beloved Community. Thank you for sharing your generosity to ensure more families feel the comfort and welcome of belonging that will lead them to their dreams for the future.

With thanks,

Luke Smith, MD
Executive Director & Psychiatrist

www.elfuturo-nc.org
@ElFuturoNC

*Identifying details have been changed to protect patient privacy
Financial Stewardship
Fiscal Year 2019

Revenue

- 59% Grants & contracts: $1,703,679
- 28% Service revenue: $800,504
- 13% Individual & corporate giving: $369,145

Expenses

- 84% Program services: $2,205,028
- 10% Administrative: $254,190
- 6% Fundraising: $152,570

Your support is critical for meeting the needs of our low-income, underinsured immigrant community

- Average cost for one treatment session: $168
- Percent of each treatment session supported by revenue sources like Medicaid and NC Health Choice: 28%
- of each session supported by service revenue: $47
- of each session supported by donors like you and grant/contracts: $121

Costs vary per service type (therapy, psychiatry, telehealth, group session)
Average cost per session includes all wrap-around services provided to that session (registration, engagement, case management, and more)
With your help, in 2019 we IMPROVED MENTAL HEALTH OUTCOMES FOR LATINO FAMILIES

Provided more treatment approaches

• Launched TeleBehavioral Health services through partnerships with NC Farmworker Health Program and other rural partner sites

• Connected more families to additional community resources through our Conexiones case management program

• Provided treatment groups including trauma-sensitive yoga techniques, Mindfulness-Based Stress Reduction, breathing, emotional regulation, body awareness, and more

• Provided parenting skills groups and trained other facilitators around the state

I’ve been a supporter for a long time in terms of donation, but also I’m a volunteer. It’s been wonderful to watch this program grow. It’s truly amazing.... [W]hatever little bit we can do to support folks who are new in the community, we need to pull together to do that. And, El Futuro has been a great model for that in this region.

-Joann Haggerty
I think [El Futuro] is the most effective model of providing services to Latino families because it’s family-centric.... [A]ll of us need to advocate and support programs that make communities healthy. When a community is neglected or a population is neglected, it’s a problem for everyone. And, we know that mental health is a challenge for many people. I believe that it is one of the most important aspects of a community to have a healthy community and mental health is the key.

-Martha Crowley
Almost 20% more patients served than the year before.

Extended therapeutic impact beyond the clinic

- Built a therapeutic green space, water fountain, and community garden
- Launched a community mural project led by renowned Mexican-American artist Cornelio Campos
- Hosted community fiestas and gatherings to help more people come out of isolation, connect with one another, share their talents, and feel a sense of belonging, together
- Provided more volunteer opportunities than ever before

I have come out of the darkness into the sunlight of the present day.
Sali de la oscuridad, y hoy estoy en la luz del día.
-Woman helped at El Futuro

Coming here is like being in the desert and finding water to drink.
When I come here, I feel renewed.
Venir aca es como estar en el desierto y llegar a tomar agua. Al venir aca, me siento renovada.
-Person helped at El Futuro
Welcome to a Beloved Community

• More teenagers settled into new schools with new customs

• More children stopped having nightmares and are sleeping through the night

• More parents have worked through histories of abuse and trauma and are more able to focus on nurturing their children, performing well in their jobs, and saving for their kids’ futures

• More trauma survivors are feeling hopeful for the future and are making new plans

• More families experienced a feeling of belonging and welcome in their new community

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Nurtured stronger familias and a vibrant community

86% OF PATIENTS SERVED EXPERIENCED FUNCTIONAL IMPROVEMENTS OR STABILIZATION
Donors and Partners
Gracias a Nuestros Colaboradores

Futuristas ($50,000+)
Blue Cross and Blue Shield of North Carolina
Cardinal Innovations Healthcare Community Reinvestment Initiative
The Duke Endowment
Governor’s Crime Commission
the hope & grace fund, a project of New Venture Fund, in partnership with the
global women’s skincare brand, philosophy, inc.
NC Area Health Education Centers
NC Division of Mental Health, Developmental Disabilities & Substance Abuse Services
through the federal Community Mental Health Services Block Grant (CFDS #93.958)
NC Farmworker Health Program, Office of Rural Health
Oak Foundation
Orange County Government
Patient-Centered Outcomes Research Institute
David and Linda Smith
William R. Kenan, Jr. Charitable Trust
Z. Smith Reynolds Foundation’s Inclusive Public Art Initiative

Champions/Campeones ($20,000–$49,999)
Dr. Richard and Mrs. Kathy Bruch
Cannon Foundation
Chatham County
Devonwood Foundation
Durham County
Juvenile Crime Prevention Council of Durham County
Orange County ABC Board
Triangle Community Foundation’s Support for Places:
Environmental Conservation Public Benefit Program
United Way of the Greater Triangle

Partners/Compañeros ($5,000–$19,999)
An Anonymous Fund of Triangle Community Foundation
Dr. Suzie Bruch and Mr. Josh Sacks
Duke University Health System Charitable Grants Fund
E. and E. Chanlett Fund of Triangle Community Foundation
Kay Edgar and Bob Healy
Fox Family Foundation
Galloway Ridge Charitable Fund Community Grant Program
Bo Glenn and Connie Winstead
Jubilee Fund of Triangle Community Foundation
Juvenile Crime Prevention Council of Chatham County
Ratliff Charitable Foundation
Luke and Caroline Smith
Town of Carrboro
Town of Chapel Hill
United Way of Chatham County
William M. Hendricks Family Foundation

Graphic design by Archetype Graphic Design & Writing Services, Inc.