

El Futuro's 2024 Annual Report

The Impact of Community in Action

Celebrating two decades of nurturing stronger *familias* to live out their dreams

Dear Friends and Supporters,

As I reflect on 2024, I'm reminded of the many challenges we faced and the remarkable successes we achieved—together. Last year tested us in unprecedented ways: addressing the growing mental health needs of our communities, offering support for people experiencing devastating natural disasters and the epidemic of loneliness and isolation, and overcoming barriers to access for those who need us most.

To our donors, partners, and community members: amidst all of these obstacles, your steadfast support was a beacon for us. Over El Futuro's 20-year history, your generosity and support have directly touched the lives of thousands in our community. Here's how your support made a difference last year:

People Served:*

- **2,842** individuals and families in **66 counties** (13% increase over last year)
- **1,053** people through the walk-in-clinic
- **364** individuals and families through case management services
- **600** people in our substance use treatment program (49% increase over last year)
- **424** adolescents through our LAYA program (*Latine Adolescents and Young Adults*)
- Over **1,800** people in our parenting groups and substance use workshops

Total Visits: 19,977 treatments provided (16% increase over last year)

Client Improvement: 83% stabilization in social and family roles, and **78%** clinical stabilization

Services Expanded:

- **4 Community Health Workers** hired and trained to serve clients in Orange County
- **3,375** families attended greenspace community events (99% increase over last year)
- **419** mental health professionals across **100 North Carolina counties** trained through our La Mesita Network for Behavioral Health Professionals (La Mesita's membership in 2024 grew by **11%** to **1,760** members.)

Your commitment doesn't just support El Futuro—it **transforms lives**.

Thank you for your unwavering support and for being an essential part of the El Futuro family.



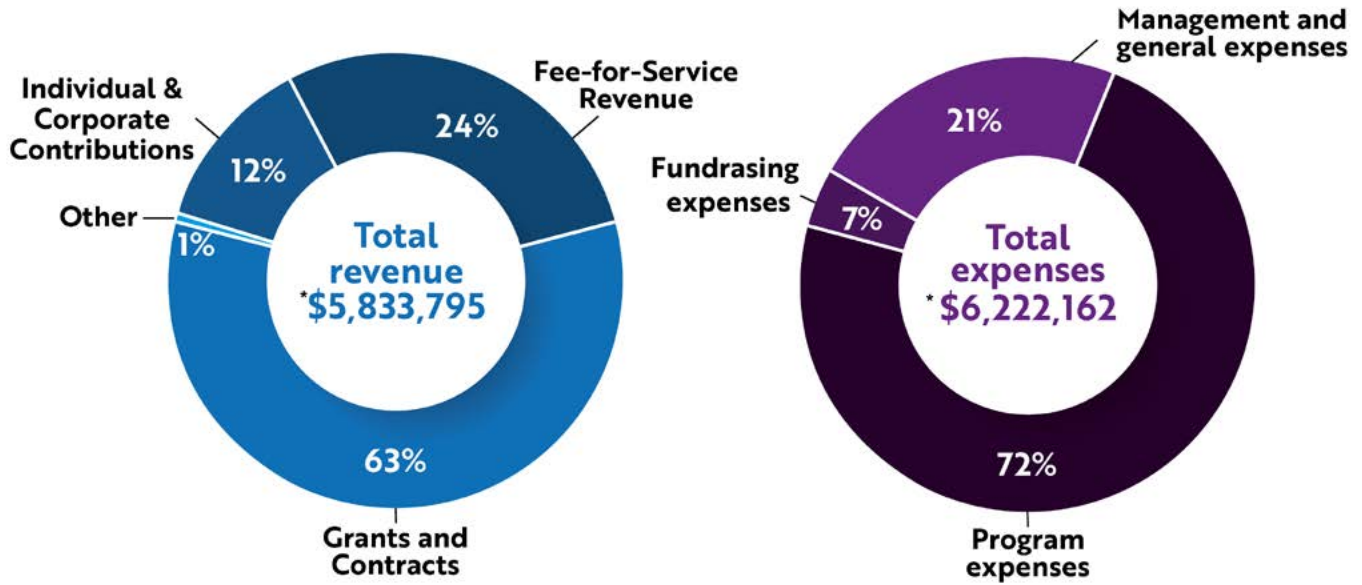
With gratitude,

Dr. Luke Smith
Executive Director, El Futuro

*Fiscal Year 2024 Data: July 1, 2023 to June 30, 2024

Turning Income into Impact

Your support transforms resources into life-changing investments in our community. Here is a brief breakdown of income and expenses. *Fiscal Year 2024 Data: July 1, 2023 to June 30, 2024



"In 2024 we reduced our deficit from the year before (caused by post-COVID expansion of services and costs simultaneous to reductions in emergency funding). Thanks to growing funding partnerships and your generosity, we anticipate a return to a balanced budget in 2026 or before, while continuing to meet community needs."

- Kerry Brock, Associate Director El Futuro

Thanks to our Major Institutional Supporters



[Click here to learn how to contribute to El Futuro's work](#)

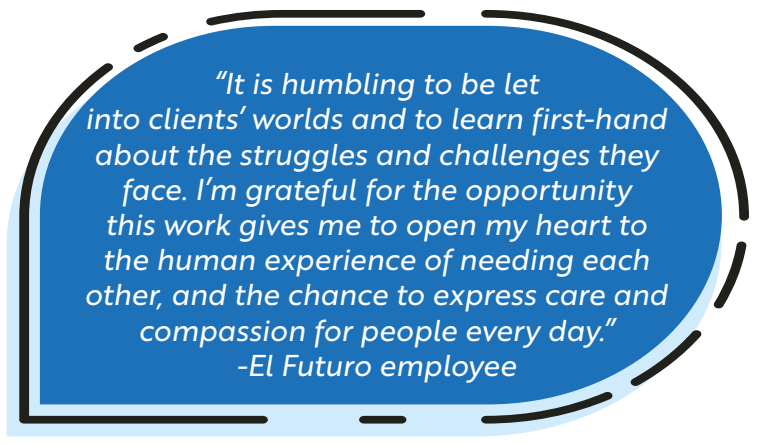
"Supporting impactful community partners like El Futuro is key to our mission and values at RTI. We are honored to collaborate with financial and research support to strengthen mental health in the Latino community."

- Tim Gabel, President and CEO of RTI International



Our Dedication to a Safe and Inclusive Environment

At El Futuro, we strive to create an inclusive environment where our clients, staff, and community members feel welcomed, safe, and appreciated for their unique qualities. Scan the QR code to discover more about our dedicated Staff and Board Members.



70 Employees

9 Interns and residents

11 Board Members

69% Latinos

69% first generation immigrants

62% female

[Click here to learn about our staff and board](#)

Buzzworthy: A Glimpse into the Stories of El Futuro in 2024

Here's how we celebrated our 20th year anniversary during 2024!

- As always, we threw some incredible parties like our **Mother's Day Kermes fiesta**, our **Hispanic Heritage Month Kermes fiesta**, and our **4th Annual Art Auction: "Expresiones."**
- Durham **Mayor Williams** visited and pledged support.
- We received a generous **pledge from of support from Alliance Health** to expand our model community mental health worker program across a larger portion of central NC.
- We **responded to Hurricane Helene** by offering telehealth services and technical support for front-line responders.
- Several news outlets published articles about the **Immigrant Solidarity Network** and the **Community Health Workers Program (Mentes Fuertes)** that helped educate the community and raise mental health awareness.
- We hosted numerous **parenting groups** and gave many presentations throughout the year to strengthen families who are living with mental health challenges.
- We partnered with the NC Institute of Medicine to convene immigrant leaders from around the state regarding the barriers to effective mental health support for their communities, resulting in the publication of a **landscape analysis** that boldly demonstrates coordinated policy supports moving forward.

During times of celebration and adversity, you stood in solidarity with us and our community as we **provided bilingual, culturally-informed mental health and substance use care and training support** for many people all around North Carolina and beyond.



[Click here to read more about each one of these stories](#)



Looking Ahead and Beyond

Our Goals for 2025:



Expand Our Reach: We aim to extend our bilingual mental health services to reach 25% more people in North Carolina, ensuring that more individuals and families have access to the care that will help them heal and grow stronger.

Expand Access to Culturally Responsive Mental Health and Substance Use Services: With pledged funding support, we plan to expand the Strong Minds program (Community Mental Health Workers) to 6 additional counties (Cumberland, Durham,

Johnston, Harnett, Mecklenburg, Wake) and to establish a statewide coalition advocating for equitable mental health access for immigrants.

Strengthen Mental Health Workforce Partnerships: We will invest in and expand culturally-responsive mental health workforce development through strengthened partnerships with NC DHHS, community colleges, and more.

Empower Latino Youth and Future Mental Health Leaders: We will continue to expand and develop our Latine Adolescent and Young Adult (LAYA) Advisory Council into a pipeline of youth champions and future mental health professionals. We will also enhance youth mental health initiatives, including parent workshops, ADHD coaching for parents, and programs promoting cultural identity.

Uplift Recovery and Lived Experience: We will establish the first Latino Mental Health Peer Support Program in NC, balancing sustainability and cultural adaptability to help more people recover and live healthy lives.

Welcome to our new Board Chair!

El Futuro is thrilled to announce that Luis Alvarez will be the Chair of El Futuro's Board of Directors in 2025.

"I am honored to step into the role of Board Chair and excited for the opportunity to contribute to our community. Together, we will work to build a brighter Futuro for everyone."

-Luis Alvarez, El Futuro's Board Chair



El Futuro 2025 Board of Directors:

- | | | |
|------------------------|--------------------------|-----------------------------|
| - Luis Alvarez | - Isabel R. Geffner* | - Rocio Lopez |
| - Ruby Bakhshi | - Rosa Gonzalez-Guarda | - Karlina Matthews |
| - Keith DaSilva* | - Eliza Hueda | - Manuel Nieto |
| - Lister Delgado | - Paula Januzzi-Godfrey* | - Elizabeth Ramirez-Washka* |
| - Jorge Garcia-Aranda* | - Michael Lancaster | - Lissette M. Saavedra* |

**New Board Members*

Join Us on This Journey

Your involvement is crucial to making these goals a reality. Here's how you can continue to make a difference:

- Donate: Your contributions directly support our programs and services.
- Volunteer: Share your time and talents to help us reach more people.
- Partner: Collaborate with us to create meaningful change in our community.

Together, we can continue transforming lives and building a healthier, more connected community.